

Appetizers

- Fried Chicken Fingers** **\$6.95**
White meat chicken tenders breaded and fried in canola oil to a golden crisp finish.
- Santa Fe Rolls** **\$6.95**
Spinach tortilla stuffed with seasoned and seared chicken breast, roasted red pepper, baby greens, red bean puree, corn salsa, and lime sour cream then rolled and cut like sushi. Served with habanero dip and salsa.
- Caesar Salad Pizza** **\$6.95**
10 inch thin crust pizza baked with homemade pizza sauce and topped with a yogurt based Caesar salad with a dash of lemon juice and parmesan cheese.
- Quesadilla** **\$4.95**
Whole wheat tortilla stuffed with shredded cheddar and toasted to perfection Served with salsa and lime sour cream.
- Nachos** **\$4.95**
Homemade corn tortilla chips seasoned Lowry's salt and topped with nacho cheese, tomatoes, and jalapeno slices Served with salsa and sour cream.
- Chips and Salsa** **\$3.95**
Homemade corn tortilla chips seasoned Lowry's salt and Served with our own homemade salsa.

Snacks

- Bag of chips** **\$2.00**
Mesquite, salt & Pepper, Sunchips, Jalapenos Cheddar Baked Fries, Sweet Maui Onion baked fries
- Airheads or Fruit Roll Ups** **\$.25**
Candy bars **\$1.00**
Soft pretzel **\$2.00**

Wraps

served with chips, pretzels, or french fries

- Chicken Caesar** **\$6.50**
Fresh cut romaine lettuce, marinated and seared chicken breast, dash of lemon and parmesan cheese tossed in a yogurt Caesar dressing then wrapped in a spinach tortilla.
- Buffalo Chicken** **\$6.95**
Golden fried chicken tenders with romaine and baby greens, mozzarella, sliced tomato, blue cheese crumbles in spicy buffalo sauce wrapped in a white tortilla.
- Totally Turkey** **\$6.50**
Oven roasted turkey breast, romaine, baby greens, cucumbers, tomatoes, and corn salsa in a whole wheat tortilla.

Salads

- House** **\$4.95**
Romaine, baby greens, red onions, olives, cucumbers, tomato, and croutons.
- Caesar** **\$6.95**
Fresh cut romaine with a zest of fresh lemon, parmesan cheese, and croutons in a yogurt based Caesar dressing.
- Asian** **\$7.95**
Romaine, baby greens, dry sesame noodles, carrots, celery, mandarin oranges, and toasted slivered almonds with ginger sesame dressing.

Add chicken \$3.00

16 oz. **\$4.00**

Pina Colada, Strawberry, Frozen Yogurt, Banana, Raspberry, Wild Berry, Peach, Ice Cream and Margarita

Sandwiches

served with chips, pretzels, or french fries

Seared Turkey Burger **\$6.25**
Turkey burger seared to perfection served with crisp romaine and fresh tomato.

Seared Chicken Sandwich **\$6.25**
Marinated and seared chicken breast served with crisp romaine and fresh tomato.

Black Bean Burger **\$6.50**
Morning Star black bean patty seared and served with crisp romaine and fresh tomato.

Fresh Turkey Sandwich **\$4.95**
Oven roasted sliced turkey breast served with crisp romaine and fresh tomato.

BLT **\$5.50**
Crispy bacon, fresh romaine, plump tomato on toasted whole grain bread.

Classic Beef Burger **\$6.50**
100% all beef burger, seared to perfection and served with crisp romaine and fresh tomato.
Add cheese .50 Add bacon .75

Sides

Fresh Fruit Cup	\$3.50	French Fries
Bag of Chips Premium	\$2.00	small \$1.50 large \$3.00
Bag of Chips Regular	\$1.50	

Kids

All items **\$4.50 (includes chips, pretzels or French fries & small drink)**

Chicken Tenders Hot Dogs kids burger Grilled Cheese Corn Dog Nuggets Uncrustables
(Stuffed PB&J) corn dogs

Drinks

Fountain Drinks 12 oz. \$1.35 16 oz. \$1.75 24 oz \$2.50
Diet Coke, Coke, Sprite, Mr. Pibb, Orange Fanta
Bottled Drinks \$1.75 Powerade, Vitamin Water, Bottle Water, Gold Peak
Bottled Soda 20 oz. \$1.50
Cans of Beer \$2.75- \$4.00 **Wine by the Glass \$5.50 (red & white)**

Island Oasis Smoothies

