



MAC's Monster Dash 5K Run/Walk and 1 Mile Kids Fun Run

Sunday, October 28, 2018

1 Mile Kids Fun Run @ 1:00pm

Monster Dash 5k Run/Walk @ 1:30pm

Race Location: 10800 Center View Drive, N. Chesterfield, VA 23235

Packet Pick Up: Saturday, October 27th, 8:00 am-10:00 am
Sunday, October 28th from 10:30 am-12:30 pm

REGISTRATION ALSO AVAILABLE AT WWW.RUNSIGNUP.COM (\$2.50 SIGN-UP FEE)

REGISTRATION FORM

1) Participant Information

First Name: _____

Last Name: _____

Date of Birth (MM/DD/YYYY): _____

Age: _____ T-Shirt Size: _____

Gender (circle one): M F

2) Participant Address

Address Line 1: _____

Address Line 2: _____

City: _____

State: _____

Postal Code: _____

Email Address: _____

Phone Number (xxx-xxx-xxxx): _____

3) Race Questions

Race Category (circle one):

5K Run/Walk (1:30 pm start) \$20 (Mem/Non)
OR

1 Mile Kid's Fun Run (1:00 pm start)

FREE w/Canned Goods for the Central Virginia Food Bank

4) Payment

Circle one: Cash Check Credit Card

(Payment and registration may be mailed or returned to the MAC [address above])

Credit Card Information:

Cardholder Name: _____

Card Type (e.g., Visa): _____

Card Number: _____

Expiration Date: _____

5) Waiver: Please read and sign below.

I know that running a road race is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run. I assume all risks associated with running in this event including, but not limited to: falls, contact with other participants, the effects of the weather, including cold, snow and/or ice, high heat and/or humidity, traffic and the conditions of the road, all such risks being known and appreciated by me. Having read this waiver and knowing these facts and in consideration of your accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and release *Boxwood RSF, LLC, which is the entity doing business as MAC*, its owners, its directors, officers, and staff, Chesterfield County and its employees, and all sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participation in this event even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver.

I grant permission to all of the foregoing to use any photographs, motion pictures, recordings or any other record of this event for any legitimate purpose.

Liability of personal property: I acknowledge & agree that Midlothian Athletic Club (MAC) shall not be liable to me for any personal property damaged, lost, or stolen in, on, or around MAC's premises including, but not limited to a vehicle and/or its' contents as well as any property theft in the locker room. Release of Liability and Indemnification. In consideration for being permitted to enter the MAC premises and participate in the any activities thereon and use its facilities and equipment, I hereby RELEASE, WAIVE, DISCHARGE, COVENANT NOT TO SUE, AGREE TO INDEMNIFY AND SAVE AND HOLD HARMLESS Boxwood RSF, LLC, which is the entity doing business as MAC, and its owners and managers, employees, sponsors, advertisers, and agents from all liability arising out of or in connection with my membership in MAC or my use of the facilities, equipment or services at MAC and ASSUME FULL RESPONSIBILITY FOR AND RISK OF BODILY INJURY, DEATH, OR PROPERTY DAMAGE in connection therewith. I further agree, acknowledge, and certify that I have adequate insurance to cover any injury or damage that may be caused, have no medical or physical conditions which would interfere with my use of the facilities and equipment and have inspected and will continue to inspect the facilities to ensure that they are safe and reasonably suited for use.

Signature: _____

*If under 18, Guardian Signature