

MAIN GYM SCHEDULE

Monday, Jan. 7th through Sunday, Jan13th, 2018

	Jan 7th	Jan 8th	Jan 9th	Jan 10th	Jan 11th	Jan 12th	Jan 13th
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
5:00AM	*	O	O	O	O		
6:00AM	6:00-7:30AM	P	P	P	P		
	PICK-UP	E	E	E	E		
7:00AM	BASKETBALL	N	N	N	N	OPEN	
	OPEN	*	*	*	*	GYM	
8:00AM	GYM	GYM	GYM	GYM	*		OPEN
	*	*	*	*	*		GYM
9:00AM	*	*	*	*	*	9:00-12:00 PM	
	*	*	*	*	OPEN	*	BOOTCAMP
10:00AM		*			GYM	Pick-Up	9:30-10:30
	PICKLEBALL	*	PICKLEBALL	PICKLEBALL	*	Basketball	*
11:00AM	10-12 PM	10:45-11:30 AM	10-12 PM	10-12 PM	*		*
	*	BOOTCAMP	*	*	OPEN		OPEN
12:00PM	*	*		*	GYM	*	GYM
	LUNCHTIME	LUNCHTIME	LUNCHTIME	LUNCHTIME	LUNCHTIME	OPEN	*
1:00PM	BASKETBALL	BASKETBALL	BASKETBALL	BASKETBALL	BASKETBALL	GYM	1:00-3:00 PM
	*	*	*	*	*	*	PICK-UP
2:00PM	2:00-3:00	*	*	*	*	*	Basketball
	RICH GENRLS	*	*	*	*	OPEN	
3:00PM	*	*	O	*	OPEN	GYM	*
	*	3:30-5:30 PM	P	3:30-5:30 PM	GYM	*	*
4:00PM	*	PICK-UP	E	PICK-UP	*	*	OPEN
	4:45-7:30	BASKETBALL	4:45-7:00	BASKETBALL	*	*	GYM
5:00PM	FCR	*	FCR	*	*	*	*
	TRAINING	ZUMBA	TRAINING	ZUMBA	Les Mills	OPEN	*
6:00PM	*	5:45-6:45 PM	*	5:30-6:30 PM	Combat 6pm	GYM	*
	*	*	*	BOOTCAMP	5:30-7:00	*	*
7:00PM	*	*	7:00-9:00 PM	6:30-7:15	*	*	OPEN
	PELLA-ROSA	PELLA-ROSA	PICK-UP	7:15-8:30	*	*	GYM
8:00PM	7:30-9:30	7:30-9:30	BASKETBALL	O'Toole	OPEN		*
	1/2 COURT	1/2 COURT	*	Private Rental	GYM		OPEN
9:00PM	*	*		PELLA-ROSA	*		GYM
	*	*		8:30-9:30			*
10:00PM	*	*		1/2 COURT			
	*	*		*			