



# ADDITIONAL INDOOR POOL LANE USAGE JANUARY 8- JANUARY 14

**Tuesday, January 8**

**James River HS will NOT be practicing  
(3:30-4:30pm)**

**Saturday/Sunday January 12/13**

**There will be a lifeguarding class using 1 or 2 lanes  
at various points during the day.**

## OTHER AQUATICS ANNOUNCEMENTS

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**SIGN UP FOR THE 2019  
100-MILE SWIM CLUB  
TODAY!**  
(see the indoor pool guard)

*GOAL:  
100 MILES  
in 2019!*

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**Full Lifeguard Class: Jan. 11-13  
THERE'S STILL ROOM!!  
REGISTER TODAY at [macrichmond.com](http://macrichmond.com)**

