

MAC Summer Camp	Monday	Tuesday	Wednesday	Thursday	Friday
8:00-8:30	Early Drop Off	Early Drop Off	Early Drop Off	Early Drop Off	Early Drop Off
8:30-9:00	Team Building HQ	Team Building HQ	Team Building HQ	Team Building HQ	Team Building HQ
9:00-9:45	Basketball Drills & Relays (2 Groups) GYM	Hip Hop Class GYM	Flag Football Rules & Games (2 Groups) GYM & Outside	Pound Class GYM	Wiffleball (2 Groups) GYM & Outside
9:45-10:00	Snack	Snack	Snack	Snack	Snack
10:00-11:00	Kickball Huguenot Park	Skyzone	Soccer Drills, Relay Races & Games Huguenot Park	Frisbee Golf & Capture The Flag Huguenot Park	Field Day Games MAC Field
11:00-12:00	Service Worker EMT Demonstration GYM		Jump Time 10:30-11:30am	Gymnastics & Volleyball Gym	Finish Wood-Working Project Outside
12:00-12:30	Lunch	Lunch	Lunch	Lunch	Lunch
12:30-1:30	Tie-Dye Shirts Outside	Obstacle Courses, Volcano & Craters Gym & Outside	Woodworking Project Outside	Yoga Group 1; 12:30-1 Group 2; 1-1:30	Tennis Lesson 12:30-1:30 pm Tennis Court
1:30-2:30	Basketball Games Gym/Outside	Knee Hockey & Noodle Hockey Racquetball Court	FIRST TEE GOLF GYM	Dodgeball & Indoor Soccer GYM	Lego Challenge HQ
					Water Games Outside
2:30-3:00	Snack & Recap	Snack & Recap	Snack & Recap	Snack & Recap	Snack & Recap
3:00-5:15	Kayaking Indoor Pool		3:00-5:15 PM Outdoor Water Park	Kayaking Indoor Pool	
5:15-5:30	Prepare for pick-up	Prepare for pick-up	Prepare for pick-up	Prepare for pick-up	Prepare for pick-up
5:30-6:00	Extended Day	Extended Day	Extended Day	Extended Day	Extended Day

ONE WEEK SAMPLE OF SUMMER CAMP