

Effective March 1, 2019

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
5am-5:30am	3 4 5 6	2 3 4 5 6	3 4 5 6	2 3 4 5 6	3 4 5 6		
5:30-6am	3 4 5 6	2 3 4 5 6	3 4 5 6	2 3 4 5 6	3 4 5 6		
6-6:30am	3 4 5 6	2 3 4 5 6	3 4 5 6	2 3 4 5 6	3 4 5 6		
6:30-7am	3 4 5 6	2 3 4 5 6	3 4 5 6	2 3 4 5 6	3 4 5 6		
7-7:15am							
7:15-7:30am							
7:30-8am							
8-8:15am						5 6	
8:15-8:30						5 6	
8:30-9am	1 2 3	1 2 3	1 2 3			5 6	
9-9:30am	1 2 3	1 2 3	1 2 3		1 2 3		
9:30-10am		1 2 3		1 2 3	1 2 3	1 2 3	
10-10:30am		1 2 3		1 2 3		1 2 3	
10:30-10:45am		1 2 3				1 2	
10:45-11am						1 2	
11-11:30am						1 2	
11:30-12pm						1 2	
12-12:30pm						1 2	
12:30-1pm						1 2	
1:00-1:30pm						5 6	1 2 3 5 6
1:30-2pm						5 6	1 2 3 5 6
2-2:15pm							2 3 4 5 6
2:15-2:30pm	4 5 6	4 5 6	4 5 6	4 5 6			2 3 4 5 6
2:30-3pm	4 5 6	4 5 6	4 5 6	4 5 6			2 3 4 5 6
3-3:30pm	4 5 6	4 5 6	4 5 6	4 5 6			2 3 4 5 6
3:30-4pm	4 5 6	4 5 6	4 5 6	4 5 6	4 5 6		2 3 4 5 6
4-4:30pm	4 5 6	4 5 6	4 5 6	4 5 6	4 5 6		2 3 4 5 6
4:30-5pm	2 3 4 5 6	2 3 4 5 6	2 3 4 5 6	2 3 4 5 6	2 3 4 5 6		2 3 4 5 6
5-5:30pm	2 3 4 5 6	2 3 4 5 6	2 3 4 5 6	2 3 4 5 6	2 3 4 5 6		2 3 4 5 6
5:30-6pm	2 3 4 5 6	2 3 4 5 6	2 3 4 5 6	2 3 4 5 6	2 3 4 5 6		
6-6:15pm	2 3 4 5 6	2 3 4 5 6	2 3 4 5 6	2 3 4 5 6	2 3 4 5 6		
6:15-6:30pm	1 2 4 5 6	3 4 5 6	3 4 5 6	3 4 5 6	3 4 5 6		
6:30-7pm	1 2 4 5 6	3 4 5 6	3 4 5 6	3 4 5 6	3 4 5 6		
7-7:15pm	1 2 4 5 6	3 4 5 6	3 4 5 6	3 4 5 6	3 4 5 6		
7:15-7:30pm	3 4 5 6	3 4 5 6	3 4 5 6	3 4 5 6	3 4 5 6		
7:30-8pm	4 5 6	3 4 5 6	4 5 6	3 4 5 6	4 5 6		
8-8:30pm	4 5 6	3 4 5 6	4 5 6	3 4 5 6	4 5 6		
8:30-9pm							
9-9:30pm							
9:30-10pm							
10-10:30pm							

**Poseidon
Lessons
Aerobics
Masters
Clinics/
HS swim**

***Numbers
indicate
specific
lanes in use
during each
time block**