

# MAIN GYM SCHEDULE

Monday, October 14th through Sunday, October 20th, 2019

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
5:00AM	*	*	*	*	*		
6:00AM	6:00-7:30AM	OPEN	OPEN	OPEN	OPEN		
	PICK-UP	GYM	GYM	GYM	GYM		
7:00AM	BASKETBALL	*	*	*	*	OPEN	
	*	*	*	*	*	GYM	
8:00AM	*	*	*	*	*		OPEN
	*	*	*	*	*		GYM
9:00AM	*	*	*	*	*	9:00-12:00 PM	*
	*	*	*	*	*	PICK-UP	BOOTCAMP
10:00AM		*				BASKETBALL	9:30-10:30
	PICKLEBALL	*	PICKLEBALL	PICKLEBALL	10:35-11:05	*	*
11:00AM	10-12 PM	10:45-11:30 AM	10-12 PM	10-12 PM	CXWORX	*	*
	*	BOOTCAMP	*	*	OPEN	*	OPEN
12:00PM	*	*		*	GYM	OPEN	GYM
	LUNCHTIME	LUNCHTIME	LUNCHTIME	LUNCHTIME	LUNCHTIME	GYM	*
1:00PM	BASKETBALL	BASKETBALL	BASKETBALL	BASKETBALL	BASKETBALL	*	PICK UP
	*	*	*	*	OPEN	*	BASKETBALL
2:00PM	*	*	*	*	GYM	*	1:00-3:00**
	*	*	*	*	*	*	*
3:00PM	OPEN	3:00-5:00 PM	*	*	*	*	*
	GYM	PICK-UP	*	3:30-5:30 PM	*	*	*
4:00PM	*	BASKETBALL	*	PICK-UP	*	*	*
	OPEN	*	OPEN	BASKETBALL	OPEN	OPEN	OPEN
5:00PM	GYM	*	GYM	*	GYM	GYM	GYM
	*	ZUMBA	*	ZUMBA	*	*	*
6:00PM	*	5:30-6:30 PM	*	5:30-6:30 PM	*	*	*
	OPEN	*	*	Athletic Intervals	*	*	*
7:00PM	GYM	*	7:00-9:00 PM	6:30-7:30	OPEN	OPEN	OPEN
	*	OPEN	PICK-UP	*	GYM	GYM	GYM
8:00PM	*	GYM	BASKETBALL	OPEN	*	*	*
	*	*	*	GYM	*	*	OPEN
9:00PM	OPEN	*	*	*	*		GYM
	GYM	*	*	*			*

10:00PM

