

# MAIN GYM SCHEDULE

Monday, March 9th through Sunday, March 15th, 2020

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
5:00AM	*	*	*	*	*		
6:00AM	6:00-7:30AM	OPEN	OPEN	OPEN	OPEN		
	PICK-UP	GYM	GYM	GYM	GYM		
7:00AM	BASKETBALL	*	*	*	*	OPEN	
	*	*	*	*	*	GYM	
8:00AM	OPEN	*	*	*	*	*	OPEN
	GYM	*	*	*	*	*	GYM
9:00AM	*	OPEN	*	*	*	9:00-12:00 PM	*
	*	GYM	*	*	*	PICK-UP	*
10:00AM		10:45-11:15 AM			*	BASKETBALL	*
	PICKLEBALL	Spin & Strength	PICKLEBALL	PICKLEBALL	10:35-11:15	*	*
11:00AM	10-12 PM	OPEN	10-12 PM	10-12 PM	CXWORX	*	*
	*	GYM	*	*	OPEN	*	OPEN
12:00PM	*	*	OPEN	*	*	*	GYM
	LUNCHTIME	LUNCHTIME	GYM	LUNCHTIME	LUNCHTIME	OPEN	*
1:00PM	BASKETBALL	BASKETBALL	LUNCHTIME	BASKETBALL	BASKETBALL	GYM	PICK UP
	*	*	BASKETBALL	*	*	*	BASKETBALL
2:00PM	*	*	*	*	*	*	1:00-3:00**
	*	*	*	*	*	*	*
3:00PM	OPEN	3:00-5:00 PM	*	*	OPEN	*	Cosby
	GYM	PICK-UP	*	3:30-5:30 PM	GYM	*	Fam Bootcamp
4:00PM	*	BASKETBALL	*	PICK-UP	*	OPEN	3-5pm
	OPEN	*	OPEN	BASKETBALL	*	GYM	GYM
5:00PM	GYM	*	GYM	*	*	*	*
	*	ZUMBA	*	ZUMBA	PNO	OPEN	OPEN
6:00PM	*	5:30-6:30	*	5:30-6:30	4:30-8:30	GYM	GYM
	OPEN	*	*	ATHLETIC	*	*	*
7:00PM	GYM	*	7:00-9:00 PM	INTERVALS	*	OPEN	OPEN
	*	*	PICK-UP	6:30-7:30 PM	*	GYM	GYM
8:00PM	*	OPEN	BASKETBALL	OPEN	*	*	*
	OPEN	GYM	*	GYM	*	*	OPEN
9:00PM	GYM	*	*	*	*		GYM

